

IN IDAHO, 43% OF HOUSEHOLDS ARE ALICE OR LIVE BELOW THE FEDERAL POVERTY LEVEL. WITH INCREASING SURVIVAL BUDGETS, FAMILIES ARE NOT EARNING ENOUGH TO AFFORD THE BASICS IN THE COMMUNITIES WHERE THEY LIVE.

Many families in Southeastern Idaho are struggling to afford basic necessities, including food. By donating to United Way, you can contribute to initiatives such as food banks, weekend food bag programs, and meal assistance programs. Your support can ensure that families have access to nutritious meals and alleviate the stress of food insecurity.



THE ROBERTSONS

"The Idaho food bank provided our family with weekend bags. We both work late and take on extra shifts to provide for our family. We make too much for federal assistance but not enough to fill the fridge. Our oldest takes care of their younger siblings at night because we both work so late. They were so excited to get food they could eat without having to wait until we got home.

'Sometimes my parents aren't home, and we don't have something to eat.'

The food bags help us care for our kids and we are so grateful."



**LEARN MORE
ABOUT A.L.I.C.E.**

Scan this QR code or go to:
tinyurl.com/whatisalicevideo

**HAVE YOU HEARD OF
A.L.I.C.E.?**

ALICE stands for Asset Limited,
Income Constrained, Employed.



A.L.I.C.E.

Despite working hard to make ends meet, almost half of all local households are making tough choices between paying rent, buying food, filling a prescription, or putting gas in their car. One unexpected event like an accident, a medical bill, or a reduction in work hours can result in disaster.

United Way works closely with various community stakeholders, including nonprofits, businesses, and government agencies, to build comprehensive solutions for the challenges faced by ALICE households. Your partnership can help create a network of support to coordinate efforts effectively.



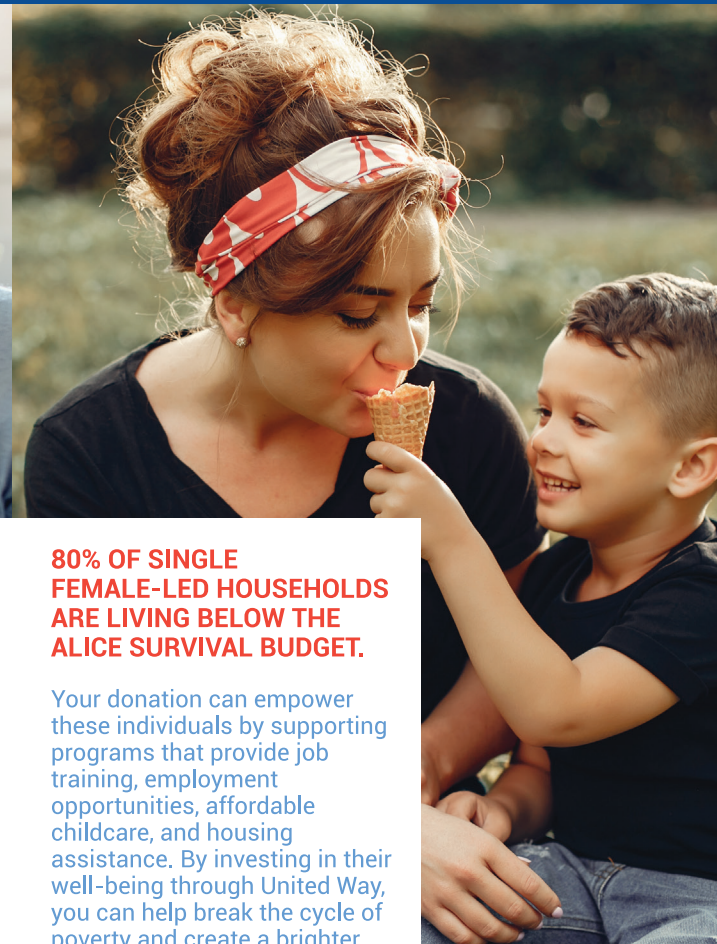
DAVID

"When we moved to Bingham County seven years ago, we were raising our 3 grandchildren and we came to SEICAA on numerous occasions to help us make ends meet for food, utility assistance, and help with gas to allow us to get to medical appointments for my hand and my wife's disability.

We only have social security income and that makes it impossible to accomplish the basics let alone raise grandkids. On Thanksgiving we received a box from SEICAA which allowed us to have a nice family dinner. It meant a lot to my wife and I to be able to do that for our grandkids. During the last 3 years, with SEICAA's assistance we have been making it through these difficult surgeries and health issues. We are now down to 1 grandchild as the other 2 have graduated. All of this is the success story of our lives. We are in a better place today. Praise God and SEICAA for their help we could not have done it without help."

SENIOR HOUSEHOLDS EXPERIENCED MORE THAN A 30% INCREASE IN THEIR SURVIVAL BUDGETS FROM 2019 TO 2021.

By teaming up with United Way to support programs and services tailored to seniors, you can help alleviate their financial burdens and ensure they have access to basic necessities such as food, healthcare, and utility assistance.



80% OF SINGLE FEMALE-LED HOUSEHOLDS ARE LIVING BELOW THE ALICE SURVIVAL BUDGET.

Your donation can empower these individuals by supporting programs that provide job training, employment opportunities, affordable childcare, and housing assistance. By investing in their well-being through United Way, you can help break the cycle of poverty and create a brighter future for these families.

AMANDA

"I experienced something I had never imagined. After being released from the Portneuf Medical Center Behavioral Health Unit in Pocatello I found myself and my son homeless and jobless, this was a stark and frightening reality. The kind nursing staff at the hospital recommended that I stay at the Aid For Friends Emergency Shelter.

It was hard to walk through those doors but once I did, I felt immediate relief. The facility was new, clean, and secure. The staff at AFF helped me to develop a plan. Through that, I was able to secure employment and applied for housing assistance. I utilized the shelter services for about two months. Aid For Friends provided basic furnishings for my apartment. Aid For Friends provided me the tools to get my life back on track...I have never asked for help before in my lifetime, I am very grateful it was there when I needed it. I will always be grateful."